



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Lunch Week 3</b>					
Week commencing 20 Jan/ 10 Feb/ 10 Mar/ 31 Mar					
Drinks & snacks	Water, flavoured water, smoothies, fruit juices Cereal bars, rice cakes, pop chips, popcorn, crisps				
<b>Main meals</b>					
Meaty main	Texas chilli beef	Roast chicken with Yorkshire pudding/ stuffing	Beef meatballs in tomato sauce	Butcher's pork sausages	Chicken goujons Battered cod fillet Fish fingers
Vegetarian	Creamy butternut squash & coconut tagine	Grilled vegetable ravioli	Quesadilla	Macaroni cheese	Veggie quarter pounder burger
Sides	Rice Flatbread Sour cream	Roast potatoes Broccoli Cauliflower cheese	Spaghetti Sauté potatoes Roasted courgettes & mushrooms	Mash Roasted onions & peppers	Chips Baked beans, mushy peas Curry sauce
<b>Pasta/ jacket potatoes</b>					
Pasta/ deli Jacket potatoes	Tomato pasta with garlic bread/ whole and half jacket potatoes with baked beans, tuna mayonnaise and cheese available every day				
Sandwiches/ salads	Sandwiches on bloomer bread, baguettes and wraps with a range of popular fillings Salad pots and vegetable pots				
<b>Desserts/ sweet treats/ fruit</b>					
Dessert	Iced vanilla sponge cake	Apple pie with custard	Biscuit day	Fudge tart	Chocolate sponge with chocolate sauce
Sweet treats	Dessert pots, yogurts, jelly, fruit pots, fresh fruit				