


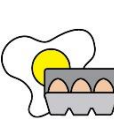
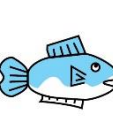
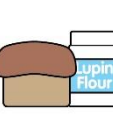



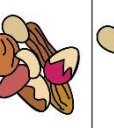
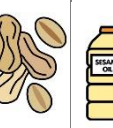
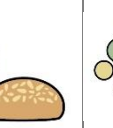
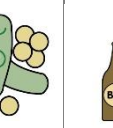






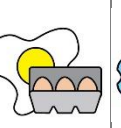
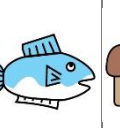
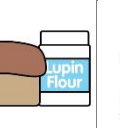
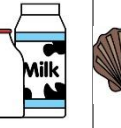
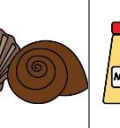
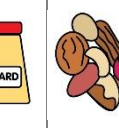
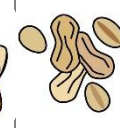

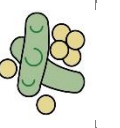


DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

MONDAY WEEK 1

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Spaghetti		GLUTEN WHEAT												
Bolognaise														
Veggie bolognaise		GLUTEN BARLEY IN QUORN		EGGS IN QUORN										
Caesar salad				EGGS IN DRESSING			MILK IN DRESSING							
Garlic roasted courgettes & mushrooms														
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Chocolate iced cake		GLUTEN WHEAT		EGGS			MILK IN CHOCOLATE							
Angel delights							MILK							
Jelly	Not suitable for vegetarians													




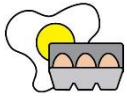
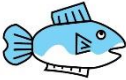
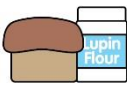








DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

TUESDAY WEEK 1

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast chicken														
Yorkshire pudding		GLUTEN WHEAT		EGGS			MILK							
Stuffing	MAY CONTAIN	GLUTEN WHEAT/BARLEY					MAY CONTAIN							
Gravy														
Risotto							MILK IN PARMESAN							
Roast potatoes														
Cauliflower cheese							MILK							
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Apple crumble		GLUTEN WHEAT												
Custard							MILK							
Angel delights							MILK							
Jelly	Not suitable for vegetarians													




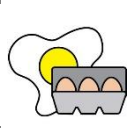
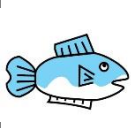







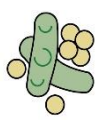

DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

WEDNESDAY WEEK 1

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Ciabatta		GLUTEN		MAY CONTAIN			MAY CONTAIN						MAY CONTAIN	
BBQ pulled pork														
Quesadilla		GLUTEN WHEAT/BARLEY OATS/RYE IN WRAP					MILK IN WRAP CHEESE					SESAME SEEDS IN WRAP		
Potato wedges														
Coleslaw				EGG IN MAYO										
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Biscuit day	Allergen information available at serving counter													
Angel delights							MILK							
Jelly	Not suitable for vegetarians													





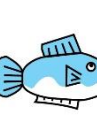
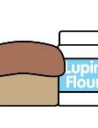






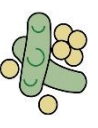

DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

THURSDAY WEEK 1

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sweet chilli beef														
Macaroni cheese		GLUTEN WHEAT					MILK CHEESE/CREAM							
Rice														
Egg noodles		GLUTEN WHEAT		EGGS										
Stir fry vegetables														
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Cheesecake		GLUTEN WHEAT					MILK IN CREAM CHEESE						SOYA IN BISCUIT BASE	
Angel delights							MILK							
Jelly	Not suitable for vegetarians													





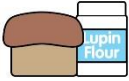








DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

FRIDAY WEEK 1

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Crumbed chicken burger	CELERY	GLUTEN WHEAT											SOYA	
Burger bun		GLUTEN WHEAT										MAY CONTAIN		
Battered cod fillet		GLUTEN WHEAT IN BATTER			FISH									
Tartar sauce				EGGS IN MAYO										
Fish fingers		GLUTEN WHEAT			FISH									
Crumbed halloumi		GLUTEN WHEAT IN CRUMBS		EGGS IN EGG WASH			MILK IN CHEESE							
Chips														
Curry sauce							MILK							
Peas/ sweetcorn/ mushy peas														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked beans														
Cheese							MILK							
Sticky toffee pudding		GLUTEN WHEAT		EGGS			MILK							
Toffee sauce							MILK							
Angel delights							MILK							
Jelly	Not suitable for vegetarians													



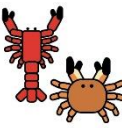
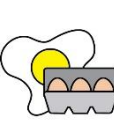
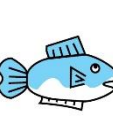
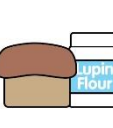








DISHES AND THEIR ALLERGEN CONTENT – LUNCH MENU

MONDAY WEEK 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken curry							MILK							
Mango chutney												SESAME SEEDS		
Sweet potato & butter bean curry							MILK							
Rice														
Naan bread		GLUTEN WHEAT												
Onion bhajis		GLUTEN WHEAT												
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Strawberry mousse cake		GLUTEN WHEAT		EGGS			MILK							
Angel delights							MILK							
Jelly	Not suitable for vegetarians													




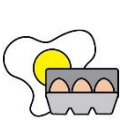

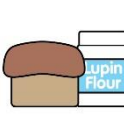

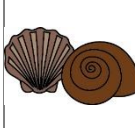






DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

TUESDAY WEEK 2

DISHES														
	Celery	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast pork loin														
Yorkshire pudding		GLUTEN WHEAT		EGGS			MILK							
Stuffing	MAY CONTAIN	GLUTEN WHEAT/BARLEY					MAY CONTAIN							
Gravy														
Roasted vegetable flatbread		GLUTEN WHEAT IN BREAD					MILK IN CHEESE							
Roast potatoes														
Carrots/ broccoli														
Cauliflower cheese							MILK IN SAUCE CHEESE							
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Cheese							MILK							
Syrup sponge		GLUTEN WHEAT		EGGS										
Custard							MILK							
Angel delights							MILK							
Jelly	Not suitable for vegetarians													




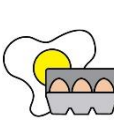
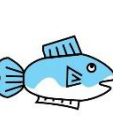
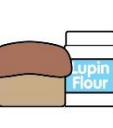

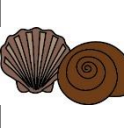
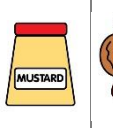
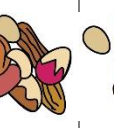

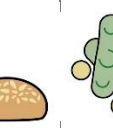
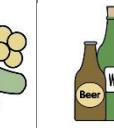

DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

WEDNESDAY WEEK 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Lasagne		GLUTEN WHEAT		EGGS IN PASTA			MILK IN CHEESE SAUCE							
Quesadilla		GLUTEN WHEAT/BARLEY OATS/RYE IN WRAP					MILK IN WRAP CHEESE					SESAME SEEDS IN WRAP		
Smashed baby jacket potatoes														
Roasted vegetables														
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Biscuit day	Allergen information available at serving counter													
Angel delights							MILK							
Jelly	Not suitable for vegetarians													






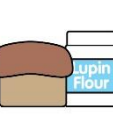



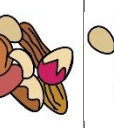

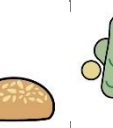
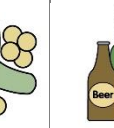

DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

THURSDAY WEEK 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Creamy chicken bake		GLUTEN BREADCRUMBS					MILK CREAM							
Macaroni cheese		GLUTEN WHEAT IN MACARONI					MILK CHESE/CREAM							
Rice														
Broccoli														
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Waffles		GLUTEN WHEAT		EGGS			MILK						SOYA	
Whipped cream							MILK CREAM							
Toffee sauce							MILK							
Angel delights														
Jelly	Not suitable for vegetarians													



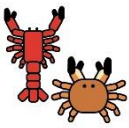

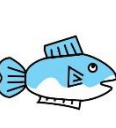
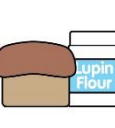

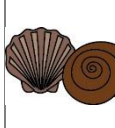




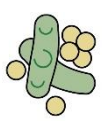

DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

FRIDAY WEEK 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef burger	MAY CONTAIN	GLUTEN WHEAT		MAY CONTAIN			MAY CONTAIN		MAY CONTAIN				MAY CONTAIN	SULPHUR DIOXIDE
Burger bun		GLUTEN WHEAT										MAY CONTAIN		
Battered cod fillet		GLUTEN WHEAT IN BATTER			FISH									
Tartar sauce				EGGS IN MAYO										
Fish fingers		GLUTEN WHEAT			FISH									
Veggie quarter pounder		GLUTEN WHEAT												
Chips														
Curry sauce							MILK							
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Cheese							MILK							
Bread & butter pudding		GLUTEN WHEAT		EGGS			MILK						SOYA	
Custard							MILK							
Angel delights							MILK							
Jelly	Not suitable for vegetarians													




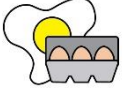
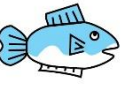
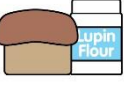








DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

MONDAY WEEK 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Texas chilli beef														
Creamy butternut squash & coconut tagine							MILK IN CREAM							
Rice														
Flatbread		GLUTEN WHEAT												
Sour cream							MILK							
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Iced vanilla sponge cake		GLUTEN WHEAT		EGGS			MILK							
Angel delights							MILK							
Jelly	Not suitable for vegetarians													





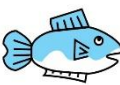
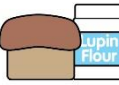








DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

TUESDAY WEEK 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast chicken														
Yorkshire pudding		GLUTEN WHEAT		EGGS			MILK							
Stuffing	MAY CONTAIN	GLUTEN WHEAT/BARLEY					MAY CONTAIN							
Gravy														
Grilled vegetable ravioli		GLUTEN IN PASTA		EGG IN PASTA			MILK IN FILLING		MUSTARD IN FILLING					
Roast potatoes														
Cauliflower cheese							MILK IN SAUCE CHEESE							
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato														
Baked beans														
Cheese							MILK							
Apple pie		GLUTEN WHEAT		EGGS										
Custard							MILK							
Angel delights							MILK							
Jelly	Not suitable for vegetarians													




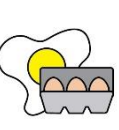
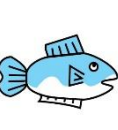







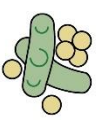

DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

WEDNESDAY WEEK 3

DISHES														
	Celery	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef meatballs	MAY CONTAIN	MAY CONTAIN					MAY CONTAIN		MAY CONTAIN				MAY CONTAIN	SULPHUR DIOXIDE
Tomato sauce														
Quesadilla		GLUTEN WHEAT/BARLEY OATS/RYE IN WRAP					MILK IN WRAP CHEESE					SESAME SEEDS IN WRAP		
Spaghetti		GLUEN WHEAT												
Sauté potatoes														
Roasted courgettes & mushrooms														
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Biscuit day	Allergen information available at serving counter													
Angel delights							MILK							
Jelly	Not suitable for vegetarians													




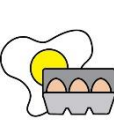
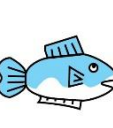
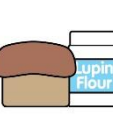






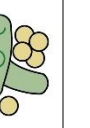

DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

THURSDAY WEEK 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pork sausages		GLUTEN WHEAT												SULPHUR DIOXIDE
Roasted onions & peppers														
Macaroni cheese		GLUTEN WHEAT IN MACARONI					MILK CHESE/CREAM							
Mash							MILK BUTTER CREAM							
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Fudge tart		GLUTEN WHEAT					MILK						SOYA	
Angel delights							MILK							
Jelly	Not suitable for vegetarians													

DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

FRIDAY WEEK 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken goujons		GLUTEN WHEAT												
Battered cod fillet		GLUTEN WHEAT IN BATTER			FISH									
Tartar sauce				EGGS IN MAYO										
Fish fingers		GLUTEN WHEAT			FISH									
Crispy Quorn strips		GLUTEN WHEAT												
Chips														
Curry sauce							MILK							
Peas/ sweetcorn/ mushy peas														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Chocolate sponge		GLUTEN WHEAT		EGGS										
Chocolate sauce							MILK							
Angel delights							MILK							
Jelly	Not suitable for vegetarians													

