

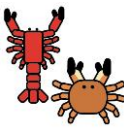
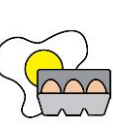

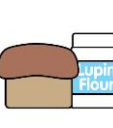












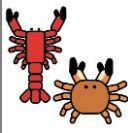
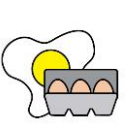
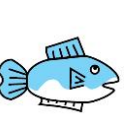


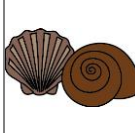






# DISHES AND THEIR ALLERGEN CONTENT – LUNCH MENU

# MONDAY WEEK 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken korma							MILK							
Chicken tikka masala							MILK							
Mango chutney												SESAME SEEDS		
Paneer korma							MILK							
Rice														
Saag aloo														
Naan bread		GLUTEN WHEAT												
Onion bhajis		GLUTEN WHEAT												
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Iced sponge		GLUTEN WHEAT		EGGS										
Custard							MILK							
Angel delights							MILK							
Jelly	Not suitable for vegetarians													




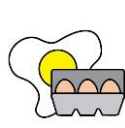



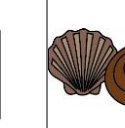

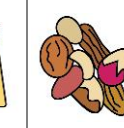
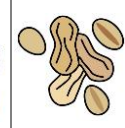

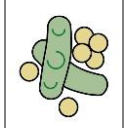

# DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

# TUESDAY WEEK 1

DISHES														
	Celery	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast pork loin														
Yorkshire pudding		GLUTEN WHEAT		EGGS			MILK							
Stuffing	MAY CONTAIN	GLUTEN WHEAT/BARLEY					MAY CONTAIN							
Gravy														
Roasted vegetable flatbread		GLUTEN WHEAT IN BREAD					MILK IN CHEESE							
Roast potatoes														
Carrots/ broccoli														
Cauliflower cheese							MILK IN SAUCE CHEESE							
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Apple crumble		GLUTEN WHEAT												
Custard							MILK							
Angel delights							MILK							
Jelly	Not suitable for vegetarians													




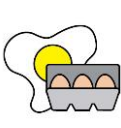
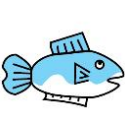
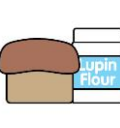




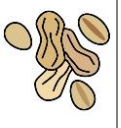

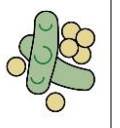

# DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

# WEDNESDAY WEEK 1

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Jamaican jerk chicken fillet														
Chicken pesto pasta		GLUTEN IN PASTA					MILK IN PESTO							
Macaroni cheese		GLUTEN WHEAT IN PASTA					MILK CHEESE/CREAM							
Caribbean style rice														
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Biscuit day	Allergen information available at serving counter													
Angel delights							MILK							
Jelly	Not suitable for vegetarians													



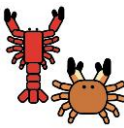
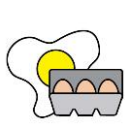




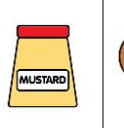
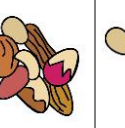
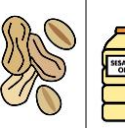
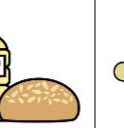
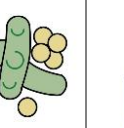

# DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

# THURSDAY WEEK 1

DISHES														
	<b>Celery</b>	<b>Cereals containing gluten</b>	<b>Crustaceans</b>	<b>Eggs</b>	<b>Fish</b>	<b>Lupin</b>	<b>Milk</b>	<b>Mollusc</b>	<b>Mustard</b>	<b>Nuts</b>	<b>Peanuts</b>	<b>Sesame seeds</b>	<b>Soya</b>	<b>Sulphur Dioxide</b>
Pork sausages		GLUTEN WHEAT												SULPHUR DIOXIDE
Roasted onions & peppers														
BBQ pork ribs														
Quesadilla		GLUTEN WHEAT/BARLEY OATS/RYE IN WRAP					MILK IN WRAP CHEESE					SESAME SEEDS IN WRAP		
Mash							MILK BUTTER CREAM							
Sauté potatoes														
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Cheesecake		GLUTEN WHEAT					MILK						SOYA	
Angel delights							MILK							
Jelly	Not suitable for vegetarians													



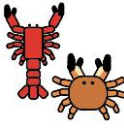
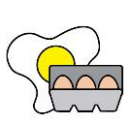
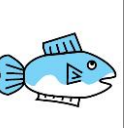



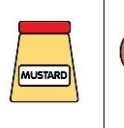
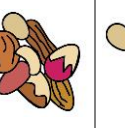
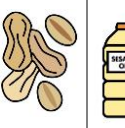
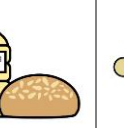
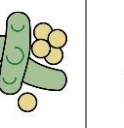

# DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

## FRIDAY WEEK 1

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Crumbed chicken burger	CELERY	GLUTEN WHEAT											SOYA	
Burger bun		GLUTEN WHEAT		MAY CONTAIN			MAY CONTAIN						MAY CONTAIN	
Battered cod fillet		GLUTEN WHEAT IN BATTER			FISH									
Tartar sauce				EGGS IN MAYO										
Fish fingers		GLUTEN WHEAT			FISH									
Crumbed halloumi		GLUTEN WHEAT IN CRUMBS		EGGS IN EGG WASH			MILK IN CHEESE							
Chips														
Curry sauce							MILK							
Peas/ sweetcorn/ mushy peas														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Chocolate sponge		GLUTEN WHEAT		EGGS										
Chocolate sauce							MILK							
Angel delights							MILK							
Jelly	Not suitable for vegetarians													




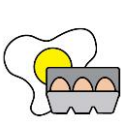
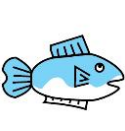
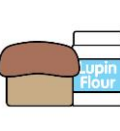



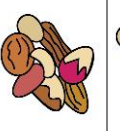
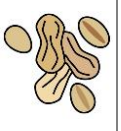

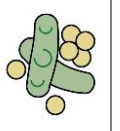

# DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

# MONDAY WEEK 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Spaghetti		GLUTEN WHEAT												
Bolognaise														
Veggie bolognaise		GLUTEN BARLEY IN QUORN		EGGS IN QUORN										
Caesar salad				EGGS IN DRESSING			MILK IN DRESSING							
Garlic roasted courgettes & mushrooms														
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Blondies		GLUTEN WHEAT		EGGS			MILK IN CHOCOLATE						SOYA	
Angel delights							MILK							
Jelly	Not suitable for vegetarians													



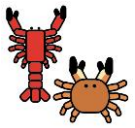
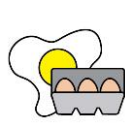
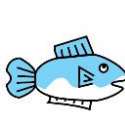
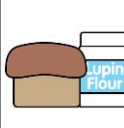

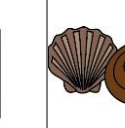

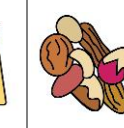
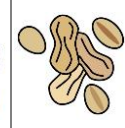

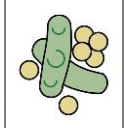

# DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

# TUESDAY WEEK 2

DISHES														
	<b>Celery</b>	<b>Cereals containing gluten</b>	<b>Crustaceans</b>	<b>Eggs</b>	<b>Fish</b>	<b>Lupin</b>	<b>Milk</b>	<b>Mollusc</b>	<b>Mustard</b>	<b>Nuts</b>	<b>Peanuts</b>	<b>Sesame seeds</b>	<b>Soya</b>	<b>Sulphur Dioxide</b>
Roast chicken														
Yorkshire pudding		GLUTEN WHEAT		EGGS			MILK							
Stuffing	MAY CONTAIN	GLUTEN WHEAT/BARLEY					MAY CONTAIN							
Gravy														
Roast Quorn fillet		GLUTEN WHEAT												
Roast potatoes														
Carrots/ broccoli														
Cauliflower cheese							MILK IN SAUCE CHEESE							
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Syrup sponge		GLUTEN WHEAT		EGGS										
Custard							MILK							
Angel delights							MILK							
Jelly	Not suitable for vegetarians													

# DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU



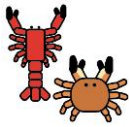
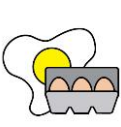










# WEDNESDAY WEEK 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
BBQ pulled pork ciabatta		GLUTEN IN CIABATTA		MAY CONTAIN			MAY CONTAIN						MAY CONTAIN	
Lamb keema curry														
Macaroni cheese		GLUTEN WHEAT IN PASTA					MILK CHEESE/CREAM							
Rice														
Flat breads		GLUTEN WHEAT												
Mini vegetable samosas		GLUTEN WHEAT IN PASTRY											SOYA	
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Biscuit day	Allergen information available at serving counter													
Angel delights							MILK							
Jelly	Not suitable for vegetarians													





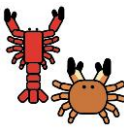
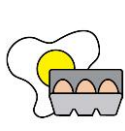
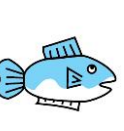



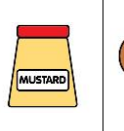
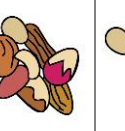
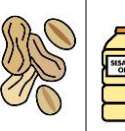
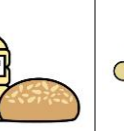
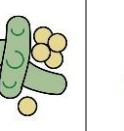

# DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

# THURSDAY WEEK 2

DISHES														
	<b>Celery</b>	<b>Cereals containing gluten</b>	<b>Crustaceans</b>	<b>Eggs</b>	<b>Fish</b>	<b>Lupin</b>	<b>Milk</b>	<b>Mollusc</b>	<b>Mustard</b>	<b>Nuts</b>	<b>Peanuts</b>	<b>Sesame seeds</b>	<b>Soya</b>	<b>Sulphur Dioxide</b>
Beef fajita		GLUTEN IN WRAP					MILK IN WRAP					SESAME IN WRAP		
Sour cream							MILK							
Guacamole														
Quesadilla		GLUTEN WHEAT/BARLEY OATS/RYE IN WRAP					MILK IN WRAP CHEESE					SESAME SEEDS IN WRAP		
Potato wedges														
Tomato & cucumber salad									MUSTARD IN CRESS					
Coleslaw				EGG IN MAYO										
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Waffles		GLUTEN WHEAT		EGGS			MILK						SOYA	
Whipped cream							MILK CREAM							
Toffee sauce							MILK							
Angel delights														
Jelly	Not suitable for vegetarians													



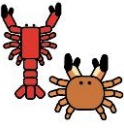
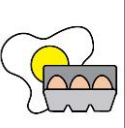
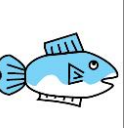
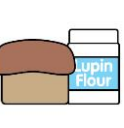
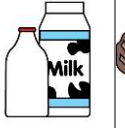

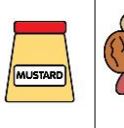
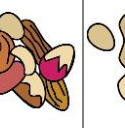
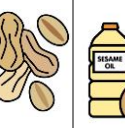
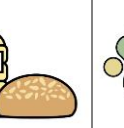
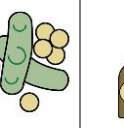

# DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

# FRIDAY WEEK 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken goujons		GLUTEN WHEAT												
Battered cod fillet		GLUTEN WHEAT IN BATTER			FISH									
Tartar sauce				EGGS IN MAYO										
Fish fingers		GLUTEN WHEAT			FISH									
Crispy Quorn strips		GLUTEN WHEAT												
Chips														
Curry sauce							MILK							
Peas/ sweetcorn/ mushy peas														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Bakewell tart		GLUTEN WHEAT		EGGS										SULPHUR DIOXIDE IN JAM
Custard							MILK							
Angel delights							MILK							
Jelly	Not suitable for vegetarians													



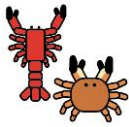
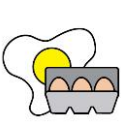

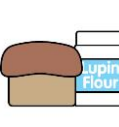








# DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

# MONDAY WEEK 1

DISHES														
	Celery	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef meatballs	MAY CONTAIN	MAY CONTAIN					MAY CONTAIN		MAY CONTAIN				MAY CONTAIN	SULPHUR DIOXIDE
Tomato sauce														
Veggie meatballs		GLUTEN WHEAT, BARLEY, OATS											SOYA	
Spaghetti		GLUEN WHEAT												
Roasted courgettes & mushrooms														
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Chocolate & vanilla marble cake		GLUTEN WHEAT		EGGS										
Pouring cream							MILK							
Angel delights							MILK							
Jelly	Not suitable for vegetarians													



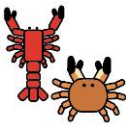









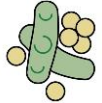

# DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

# TUESDAY WEEK 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast pork loin														
Yorkshire pudding		GLUTEN WHEAT		EGGS			MILK							
Stuffing	MAY CONTAIN	GLUTEN WHEAT/BARLEY					MAY CONTAIN							
Gravy														
Grilled vegetable ravioli		GLUTEN IN PASTA		EGG IN PASTA			MILK IN FILLING		MUSTARD IN FILLING					
Roast potatoes														
Carrots/ broccoli														
Cauliflower cheese							MILK IN SAUCE CHEESE							
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Apple & berry crumble		GLUTEN WHEAT					MILK							
Custard							MILK							
Angel delights							MILK							
Jelly	Not suitable for vegetarians													




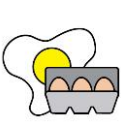
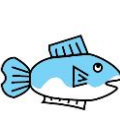
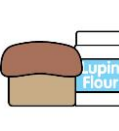






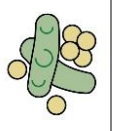

# DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

# WEDNESDAY WEEK 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pasta carbonara		GLUTEN IN PASTA					MILK IN CREAM SAUCE					MAY CONTAIN		
Crispy chicken	MAY CONTAIN	GLUTEN WHEAT					MAY CONTAIN						SOYA	
Sticky honey glaze		GLUTEN WHEAT											SOYA	
Macaroni cheese		GLUTEN WHEAT					MILK CHEESE/CREAM							
Rice														
Egg noodles		GLUTEN WHEAT		EGGS										
Stir fry vegetables														
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Biscuit day	Allergen information available at serving counter													
Angel delights							MILK							
Jelly	Not suitable for vegetarians													



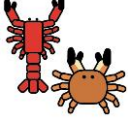
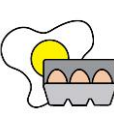

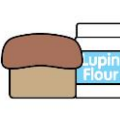






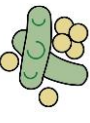

# DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

# THURSDAY WEEK 3

DISHES														
	<b>Celery</b>	<b>Cereals containing gluten</b>	<b>Crustaceans</b>	<b>Eggs</b>	<b>Fish</b>	<b>Lupin</b>	<b>Milk</b>	<b>Mollusc</b>	<b>Mustard</b>	<b>Nuts</b>	<b>Peanuts</b>	<b>Sesame seeds</b>	<b>Soya</b>	<b>Sulphur Dioxide</b>
Lasagne		GLUTEN WHEAT		EGGS IN PASTA			MILK IN CHEESE SAUCE							
Quesadilla		GLUTEN WHEAT/BARLEY OATS/RYE IN WRAP					MILK IN WRAP CHEESE					SESAME SEEDS IN WRAP		
Parmentier potatoes							MILK IN BUTTER							
Mixed leaf salad									MUSTARD IN CRESS					
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Fudge tart		GLUTEN WHEAT					MILK						SOYA	
Angel delights							MILK							
Jelly	Not suitable for vegetarians													

# DISHES AND THEIR ALLERGEN CONTENT - LUNCH MENU

FRIDAY WEEK 3

DISHES														
	<b>Celery</b>	<b>Cereals containing gluten</b>	<b>Crustaceans</b>	<b>Eggs</b>	<b>Fish</b>	<b>Lupin</b>	<b>Milk</b>	<b>Mollusc</b>	<b>Mustard</b>	<b>Nuts</b>	<b>Peanuts</b>	<b>Sesame seeds</b>	<b>Soya</b>	<b>Sulphur Dioxide</b>
Hot dog	MAY CONTAIN	GLUTEN WHEAT		MAY CONTAIN			MAY CONTAIN		MAY CONTAIN				MAY CONTAIN	SULPHUR DIOXIDE
Baguette		GLUTEN WHEAT		MAY CONTAIN								MAY CONTAIN		
Battered cod fillet		GLUTEN WHEAT IN BATTER			FISH									
Tartar sauce				EGGS IN MAYO										
Fish fingers		GLUTEN WHEAT			FISH									
Veggie quarter pounder		GLUTEN WHEAT												
Chips														
Curry sauce							MILK							
Peas/ sweetcorn/ mushy peas														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Sticky toffee pudding		GLUTEN WHEAT		EGGS			MILK IN TOFFEE							
Toffee sauce							MILK							
Angel delights							MILK							
Jelly	Not suitable for vegetarians													