MONDAY WEEK 3





























		M				FIGUE								Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken korma							MILK							
Chicken tikka masala							MILK							
Mango chutney												SESAME SEEDS		
Paneer korma							MILK							
Rice														
Saag aloo														
Naan bread		GLUTEN WHEAT												
Onion bhajis		GLUTEN WHEAT												
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Iced sponge		GLUTEN WHEAT		EGGS										
Custard							MILK							
Angel delights							MILK							
Jelly	Not suitable	for vegetaria	าร											

TUESDAY WEEK 1



























F/	
Beer	WINE

					1						0		0	Beer
	Celery	Cereals containing gluten	Crustacea n	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast pork loin														
Yorkshire pudding		GLUTEN WHEAT		EGGS			MILK							
Stuffing	MAY CONTAIN	GLUTEN WHEAT/BARLEY					MAY CONTAIN							
Gravy														
Roasted vegetable flatbread		GLUTEN WHEAT IN BREAD					MILK IN CHEESE							
Roast potatoes														
Carrots/ broccoli														
Cauliflower cheese							MILK IN SAUCE CHEESE							
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Apple crumble		GLUTEN WHEAT												
Custard							MILK							
Angel delights							MILK							
Jelly	Not suitable for ve	getarians												

WEDNESDAY WEEK 1



























					3	Flour			MUSTARD	COM .	00			Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Jamaican jerk chicken fillet														
Chicken pesto pasta		GLUTEN IN PASTA					MILK IN PESTO							
Macaroni cheese		GLUTEN WHEAT IN PASTA					MILK CHEESE/CREAM							
Caribbean style rice														
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Biscuit day	Allergen info	rmation availa	ble at serving o	ounter										
Angel delights							MILK							
Jelly	Not suitable	for vegetarian	s											

THURSDAY WEEK 1





























			7	3	Flour			MUSIARD					Beer
Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
	GLUTEN WHEAT												SULPHUR DIOXIDE
	GLUTEN WHEAT/BARLEY OATS/RYE IN WRAP					MILK IN WRAP CHEESE					SESAME SEEDS IN WRAP		
						MILK BUTTER CREAM							
	GLUTEN WHEAT												
	GLUTEN WHEAT					MILK						SOYA	
			EGGS IN MAYO	FISH									
						MILK							
	GLUTEN WHEAT					MILK						SOYA	
						MILK							
Not suitable	for vegetarians												
	Celery	Celery Cereals containing gluten GLUTEN WHEAT GLUTEN WHEAT/BARLEY OATS/RYE IN WRAP GLUTEN WHEAT GLUTEN WHEAT GLUTEN WHEAT GLUTEN WHEAT	Celery Cereals containing gluten GLUTEN WHEAT GLUTEN WHEAT/BARLEY OATS/RYE IN WRAP GLUTEN WHEAT GLUTEN WHEAT GLUTEN WHEAT GLUTEN WHEAT GLUTEN WHEAT	Celery Cereals containing gluten GLUTEN WHEAT GLUTEN WHEAT/BARLEY OATS/RYE IN WRAP GLUTEN WHEAT GLUTEN WHEAT	Celery Cereals containing gluten GLUTEN WHEAT GLUTEN WHEAT/BARLEY OATS/RYE IN WRAP GLUTEN WHEAT GLUTEN WHAAT GLUTEN WHEAT GLUTEN WHEAT	Celery Cereals containing gluten GLUTEN WHEAT GLUTEN WHEAT/BARLEY OATS/RY'E IN WRAP GLUTEN WHEAT GLUTEN WHEAT	Celery Cereals containing gluten GLUTEN WHEAT GLUTEN WHEAT/BARLEY OATS/RYE IN WRAP GLUTEN WHEAT GRUTEN WHEAT MILK MILK MILK MILK MILK	Celery Cereals containing gluten GLUTEN WHEAT GLUTEN WHEAT/BARLEY OATS/YE IN WRAP GLUTEN WHEAT GLUTEN WHAP GLUTEN WHEAT MILK MILK MILK MILK MILK	Celery Cereals containing gluten GLUTEN WHEAT GLUTEN WHAP GRUTEN WHAP GRUTEN WHAP GRUTEN WHAP GRUTEN WHEAT MILK MILK	Celery Cereals containing gluten GLUTEN WHEAT GLUTEN WHEAT/BARLEY OATS/RYE IN WRAP GLUTEN WHEAT GLUTEN WHAP GLUTEN WHAT GLUTEN WHAP MILK MILK GLUTEN WHAP MILK GLUTEN WHAP MILK MILK MILK MILK MILK MILK MILK	Celery Cereals containing gluten GLUTEN WHEAT GLUTEN WHEAT MILK BUITTER CREAM GLUTEN WHAP GAUTEN WHAP GAUTEN WHAP GAUTEN WHAP GAUTEN WHAP GAUTEN WHEAT MILK M	Celery containing gluten GLUTEN WHEAT GLUTEN WHAP MILK MILK GLUTEN WHAP MILK MILK MILK	Celery chaining gluten GLUTEN WHEAT GLUTEN WHEAT GLUTEN WHEAT GLUTEN WHEAT GLUTEN WHAP MILK MILK MILK MILK MILK MILK MILK MILK MILK SOYA

FRIDAY WEEK 1



























			The second		1						0		000	Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Crumbed chicken burger	CELERY	GLUTEN WHEAT											SOYA	
Burger bun		GLUTEN WHEAT		MAY CONTAIN			MAY CONTAIN						MAY CONTAIN	
Battered cod fillet		GLUTEN WHEAT IN BATTER			FISH									
Tartar sauce				EGGS IN MAYO										
Fish fingers		GLUTEN WHEAT			FISH									
Crumbed halloumi		GLUTEN WHEAT IN CRUMBS		EGGS IN EGG WASH			MILK IN CHEESE							
Chips														
Curry sauce							MILK							
Peas/ sweetcorn/ mushy peas														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Chocolate sponge		GLUTEN WHEAT		EGGS										
Chocolate sauce							MILK							
Angel delights							MILK							
Jelly	Not suitable	for vegetaria	ns											

MONDAY WEEK 2

























R/	-
Beer	WINE

		No.		2000		Flour	Wilk.		MUSTARD	Coll 1	0			Beer WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Spaghetti		GLUTEN WHEAT												
Bolognaise														
Veggie bolognaise		GLUTEN BARLEY IN QUORN		EGGS IN QUORN										
Caesar salad				EGGS IN DRESSING			MILK IN DRESSING							
Garlic roasted courgettes & mushrooms														
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Blondies		GLUTEN WHEAT		EGGS			MILK IN CHOCOLATE						SOYA	
Angel delights							MILK							
Jelly	Not suitable	for vegetaria	ns											

TUESDAY WEEK 2





























	N. A. A.			لتتا	1					SI	00			Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast chicken														
Yorkshire pudding		GLUTEN WHEAT		EGGS			MILK							
Stuffing	MAY CONTAIN	GLUTEN WHEAT/BARLEY	,				MAY CONTAIN							
Gravy														
Roast Quorn fillet		GLUTEN WHEAT												
Roast potatoes														
Carrots/ broccoli														
Cauliflower cheese							MILK IN SAUCE CHEESE							
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Syrup sponge		GLUTEN WHEAT		EGGS										
Custard							MILK							
Angel delights							MILK							
Jelly	Not suitable	for vegetarians												

WEDNESDAY WEEK 2

D	ISI	ΗЕ	S



























Celery Cereals containing gluten Contain	DISHES						Lupin	Milk		MUSTARD	2		SISAME		Beer
clabatta CIABATTA CONTAIN MAY CONTAIN CONTAIN Lamb Keema curry GLUTEN Macaroni cheese GLUTEN MILK Macaroni cheese GLUTEN MILK CHEESE/GREAM CHEESE/GREAM Rice GLUTEN MILK SOYA Mini vegetable samosas GLUTEN WHEAT IN PASTRY SOYA Peas/ sweetcorn Tomato sauce GLUTEN Pasta GLUTEN WHEAT MILK SOYA Saked jacket potato/ sweet po		Celery	containing	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts		Soya	Sulphur Dioxide
Macaroni cheese			GLUTEN IN CIABATTA		MAY CONTAIN			MAY CONTAIN						MAY CONTAIN	
Macaroni cheese	Lamb keema curry														
Flat breads GLUTEN WHEAT WHEAT SOYA SOY	Macaroni cheese		WHEAT IN					MILK CHEESE/CREAM							
Mini vegetable GLUTEN	Rice														
WHEAT IN PASTRY SOYA SOYA SAMOSAS Peas/ sweetcorn SOYA SOYA SAMOSAS Peas/ sweetcorn SOYA SOYA SAMOSAS Pasta GLUTEN WHEAT SOYA SOYA SAMOSAS	Flat breads		GLUTEN WHEAT												
Tomato sauce			WHEAT IN											SOYA	
Pasta GLUTEN WHEAT Garlic Bread GLUTEN WHEAT Baked jacket potato/ sweet potato/ sweet potato Baked beans Tuna mayonnaise Cheese Angel delights GLUTEN WHEAT MILK SOYA MILK SOYA MILK	Peas/ sweetcorn														
Garlic Bread GLUTEN WHEAT SOYA Baked jacket potato/ sweet potato/ sweet potato /	Tomato sauce														
Baked jacket potato/ sweet potato/ sweet potato Baked beans Tuna mayonnaise Cheese Angel delights WHEAT WHEAT	Pasta		GLUTEN WHEAT												
potato/ sweet potato Baked beans Tuna mayonnaise Cheese Biscuit day Allergen information available at serving counter MILK MILK MILK	Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Tuna mayonnaise	potato/ sweet														
Cheese Cheese Allergen information available at serving counter MILK MILK MILK MILK	Baked beans														
Biscuit day Allergen information available at serving counter Angel delights MILK	Tuna mayonnaise				EGGS IN MAYO	FISH									
Angel delights MILK MILK	Cheese							MILK							
	Biscuit day	Allergen info	rmation availa	ble at serving o	counter										
Jelly Not suitable for vegetarians	Angel delights							MILK							
	Jelly	Not suitable	for vegetarian	S											

THURSDAY WEEK 2



























	30				1						00			Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef fajita		GLUTEN IN WRAP					MILK IN WRAP					SESAME IN WRAP		
Sour cream							MILK							
Guacamole														
Quesadilla		GLUTEN WHEAT/BARLEY OATS/RYE IN WRAP					MILK IN WRAP CHEESE					SESAME SEEDS IN WRAP		
Potato wedges														
Tomato & cucumber salad									MUSTARD IN CRESS					
Coleslaw				EGG IN MAYO										
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Waffles		GLUTEN WHEAT		EGGS			MILK						SOYA	
Whipped cream							MILK CREAM							
Toffee sauce							MILK							
Angel delights														
Jelly	Not suitable	for vegetarians												

FRIDAY WEEK 2































DIOTILO		No.				Flour			MUSTARD					Beer WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken goujons		GLUTEN WHEAT												
Battered cod fillet		GLUTEN WHEAT IN BATTER			FISH									
Tartar sauce				EGGS IN MAYO										
Fish fingers		GLUTEN WHEAT			FISH									
Crispy Quorn strips		GLUTEN WHEAT												
Chips														
Curry sauce							MILK							
Peas/ sweetcorn/ mushy peas														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Bakewell tart		GLUTEN WHEAT		EGGS										SULPHUR DIOXIDE IN JAM
Custard							MILK							
Angel delights							MILK							
Jelly	Not suitable	for vegetaria	ns											

MONDAY WEEK 1

DISH	· — ~
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DISTILS				2	3	Flour	VIII.		MUSTARD	COM!	0			Beer
	Celery	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef meatballs	MAY CONTAIN	MAY CONTAIN					MAY CONTAIN		MAY CONTAIN				MAY CONTAIN	SULPHUR DIOXIDE
Tomato sauce														
Veggie meatballs		GLUTEN WHEAT, BARLEY, OATS											SOYA	
Spaghetti		GLUEN WHEAT												
Roasted courgettes & mushrooms														
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Chocolate & vanilla marble cake		GLUTEN WHEAT		EGGS										
Pouring cream							MILK							
Angel delights							MILK							
Jelly	Not suitable	for vegetarians												

TUESDAY WEEK 3































DIOTILO				2000	3	Flour			MOSIARD		00			Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast pork loin														
Yorkshire pudding		GLUTEN WHEAT		EGGS			MILK							
Stuffing	MAY CONTAIN	GLUTEN WHEAT/BARLEY					MAY CONTAIN							
Gravy														
Grilled vegetable ravioli		GLUTEN IN PASTA		EGG IN PASTA			MILK IN FILLING		MUSTARD IN FILLING					
Roast potatoes														
Carrots/ broccoli														
Cauliflower cheese							MILK IN SAUCE CHEESE							
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Apple & berry crumble		GLUTEN WHEAT					MILK							
Custard							MILK							
Angel delights							MILK							
Jelly	Not suitable for vegetarians													

WEDNESDAY WEEK 3





























DISHES						Lupin Flour	Milk		MUSTARD	2		SESAME OK		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pasta carbonara		GLUTEN IN PASTA					MILK IN CREAM SAUCE					MAY CONTAIN		
Crispy chicken	MAY CONTAIN	GLUTEN WHEAT					MAY CONTAIN						SOYA	
Sticky honey glaze		GLUTEN WHEAT											SOYA	
Macaroni cheese		GLUTEN WHEAT					MILK CHEESE/CREAM							
Rice														
Egg noodles		GLUTEN WHEAT		EGGS										
Stir fry vegetables														
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Biscuit day	Allergen info	rmation availa	ble at serving o	counter										
Angel delights							MILK							
Jelly	Not suitable	for vegetarian	s											

THURSDAY WEEK 3



























Beer	

	20		es 40	ممک	1									
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Lasagne		GLUTEN WHEAT		EGGS IN PASTA			MILK IN CHEESE SAUCE							
Quesadilla		GLUTEN WHEAT/BARLEY OATS/RYE IN WRAP					MILK IN WRAP CHEESE					SESAME SEEDS IN WRAP		
Parmentier potatoes							MILK IN BUTTER							
Mixed leaf salad									MUSTARD IN CRESS					
Peas/ sweetcorn														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Fudge tart		GLUTEN WHEAT					MILK						SOYA	
Angel delights							MILK							
Jelly						Not su	uitable for veg	etarians						

FRIDAY WEEK 3





























					3	HOUSE								Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Hot dog	MAY CONTAIN	GLUTEN WHEAT		MAY CONTAIN			MAY CONTAIN		MAY CONTAIN				MAY CONTAIN	SULPHUR DIOXIDE
Baguette		GLUTEN WHEAT		MAY CONTAIN								MAY CONTAIN		
Battered cod fillet		GLUTEN WHEAT IN BATTER			FISH									
Tartar sauce				EGGS IN MAYO										
Fish fingers		GLUTEN WHEAT			FISH									
Veggie quarter pounder		GLUTEN WHEAT												
Chips														
Curry sauce							MILK							
Peas/ sweetcorn/ mushy peas														
Tomato sauce														
Pasta		GLUTEN WHEAT												
Garlic Bread		GLUTEN WHEAT					MILK						SOYA	
Baked jacket potato/ sweet potato														
Baked beans														
Tuna mayonnaise				EGGS IN MAYO	FISH									
Cheese							MILK							
Sticky toffee pudding		GLUTEN WHEAT		EGGS			MILK IN TOFFEE							
Toffee sauce							MILK							
Angel delights							MILK							
Jelly	Not suitable	for vegetarians												